

GRADE 1ANCHOR STANDARD 1 – KNOWLEDGE OF THE FAITH (K)

## STRANDS: CREED AND SCRIPTURE

<u>Standard</u>	<u>Standard Description</u>
K.1.1	Identify God’s self-revelation in creation
K.1.2	Discuss God the Father as creator of the world
K.1.3	Describe Jesus as sent by God so that we may know God’s love
K.1.4	Explain that Jesus desires a personal relationship with each of us
K.1.5	Identify Jesus as the only Son of God the Father
K.1.6	Recognize Jesus as one who invites us to call God our Father
K.1.7	Describe Jesus as one who reaches out to all, showing special concern for the poor, the lowly, the weak and the suffering
K.1.8	Identify the Holy Spirit as the Person of God who lives within us and helps us do what God asks us to do
K.1.9	Display reverence for the Bible
K.1.10	Explain the Old Testament theme of God’s love for creation
K.1.11	Explain the Old Testament theme of God entrusting creation to humans
K.1.12	Recount the story of the birth of Jesus
K.1.13	Tell the story of the finding of Jesus in the Temple
K.1.14	Explain the meaning of the parables of Jesus
K.1.15	Describe Jesus’ entry into Jerusalem (Palm Sunday)
K.1.16	Describe the suffering and death of Jesus (Good Friday)
K.1.17	Tell the story of the Resurrection of Jesus (Easter Sunday)
K.1.18	Give the meaning of the name Jesus (430) and of his titles of Emmanuel (744) and Son of God (441-445)

ANCHOR STANDARD 2—SACRAMENTS AND LITURGY (SL)

## STRANDS: SACRAMENTS AND LITURGY

<u>Standard</u>	<u>Standard Description</u>
SL.1.1	Experience and describe symbols as a way of communicating spiritual realities through physical signs
SL.1.2	Define baptism as the means by which we are incorporated into the Church, become members of Christ and share in His mission
SL.1.3	Describe the symbols, rites, and ministers of baptism and Eucharist
SL.1.4	Define Eucharist as a meal and a celebration
SL.1.5	Define liturgy as the official prayer of the community
SL.1.6	Explain the meaning of liturgical gestures, e.g., kneeling, singing, genuflecting, bowing
SL.1.7	Recite/sing common responses of the assembly at Mass
SL.1.8	Participate as part of the assembly when sacraments are celebrated
SL.1.9	Describe the essential elements of the Eucharistic Liturgy
SL.1.10	Define the Liturgical Year

ANCHOR STANDARD 3—MORAL FORMATION (M)

STRAND: MORAL LIVING

<u>Standard</u>	<u>Standard Description</u>
M.1.1	Recognize all human life as sacred and as a gift from God
M.1.2	Express awe and gratitude to God for life
M.1.3	Recognize morality as an invitation to respond freely to God’s love
M.1.4	Discuss God’s call to know, love, and serve God ourselves, to respect all of creation, to love our neighbor as ourselves, and to share eternal life with Him
M.1.5	Appreciate human abilities and the uniqueness of themselves and others
M.1.6	Recognize that positive and negative feelings (passions) are neither good nor bad in themselves
M.1.7	Forgive others and ask others for forgiveness
M.1.8	Demonstrate honesty, sharing, and respect for others’ needs
M.1.9	Recognize the legitimate authority of God and parents
M.1.10	Express obedience appropriately

ANCHOR STANDARD 4—PRAYING WITH CHRIST (P)

STRAND: PRAYER

<u>Standard</u>	<u>Standard Description</u>
P.1.1	Define prayer as a response to an awareness of God’s love and goodness
P.1.2	Explain the importance of prayer in a relationship with God
P.1.3	List the forms of prayer: praise, thanksgiving, petition, contrition
P.1.4	Explain personal prayer and formal prayer
P.1.5	Experience various forms of personal prayer, e.g., centering, reflection
P.1.6	Describe and practice memorized prayers and spontaneous prayer
P.1.7	Identify reading, reflecting, listening, singing, and meditating as ways to pray
P.1.8	Recite: the Lord’s Prayer, Hail Mary, and Glory Be to the Father

ANCHOR STANDARD 5—LIVING IN THE COMMUNITY OF THE CHURCH (C)  
 STRAND: THE CHURCH

<u>Standard</u>	<u>Standard Description</u>
C.1.1	Identify the Church as God’s family
C.1.2	Explain the Church as parish
C.1.3	Identify faith and baptism as criteria for membership in the Church
C.1.4	Give reasons for showing respect for members of all Christian denominations
C.1.5	Recognize Mary as the Mother of Christ, the Mother of God, and our Mother
C.1.6	Recall the event and meaning of the Annunciation
C.1.7	Identify saints as models of Christian life and as ordinary people who grew in holiness and love

ANCHOR STANDARD 6—LIVING AS A CHRISTIAN IN SOCIETY (LS)  
 STRAND: CATHOLIC SOCIAL TEACHING

<u>Standard</u>	<u>Standard Description</u>
CS.1.1	Recognize that each person’s human dignity comes from being loved by God and called by God to a life of holiness
CS.1.2	Recognize the equality of races, sexes, and the rights of all people
CS.1.3	Identify Christian service as a response to the needs of the community
CS.1.4	Define peace
CS.1.5	Exhibit respect for the environment
CS.1.6	Recognize our responsibility to be good stewards of creation by sharing and conserving the earth’s resources

ANCHOR STANDARD 7 – THEOLOGY OF THE BODY (TOB)

<u>Standard</u>	<u>Standard Description</u>
TOB.1.1	Explain that each person is created to love, by love and for love
TOB.1.2	Explain the two great commandments that Jesus taught: love of God and love of others
TOB.1.3	State that life is a gift and each person is created as a gift

## RESOURCES

### I. CATECHIST RESOURCES

#### Organizations

- Archdiocese of Cincinnati – [catholiccincinnati.org](http://catholiccincinnati.org)
- Ruah Woods – [ruahwoods.org](http://ruahwoods.org)
- United States Conference of Catholic Bishops – [usccb.org](http://usccb.org)
- The Vatican – [vatican.va](http://vatican.va)

#### Web Sites of Publishers of Parish & School Catechetical Programs for Early Childhood through Grade 8

- Ignatius Press – [ignatius.com](http://ignatius.com)
- Loyola Press – [loyolapress.com](http://loyolapress.com)
- Our Sunday Visitor – [osvcurriculum.com](http://osvcurriculum.com)
- Pflaum Publishing – [pflaum.com](http://pflaum.com)
- RCL Benziger – [rclbenziger.com](http://rclbenziger.com)
- Sadlier – [sadlier.com/religion](http://sadlier.com/religion)
- Sophia Institute – [sophiainstitute.com](http://sophiainstitute.com)

#### Web Sites to Assist Catechists

The web sites listed below contain a variety of resources for planning catechetical sessions, including activities, prayers, and background information for catechists.

- [catechist.com](http://catechist.com) (an online companion to “Catechist” magazine)
- [catholiccatechist.org](http://catholiccatechist.org)
- [thereligionteacher.com](http://thereligionteacher.com)

## II. THEOLOGY OF THE BODY RESOURCES

### United States Conference of Catholic Bishops (USCCB) Website Resources:

- [Overview of St. John Paul II's General Audiences](#) commonly known as Theology of the Body
- [The Theology of the Body According to St. John Paul II](#) by Dr. John Grabowski
- [John Paul II's New Vision of Human Sexuality and Family Life](#) by Fr. Richard M. Hogan
- [For Your Marriage](#), practical resources and Catholic teachings on the nature of Christian marriage

### Books:

- Pope John Paul II, [Love and Responsibility: A New Translation of John Paul II's Classic Work](#), Pauline Books, 2013.
- Sri, Edward, [Men, Women and the Mystery of Love: Practical Insights from John Paul II's Love and Responsibility, Second Edition](#), Servant Publishing, 2015.
- West, Christopher, [Theology of the Body For Beginners, Revised Edition](#), Ascension Press, 2014.

### General Background of Theology of the Body (Print):

- [Introduction to Theology of the Body, Dr. Patti Zordich](#)  
A clinical psychologist's experience using Theology of the Body in counselling youth and families.
- [The New Language: A Crash Course in the Theology of the Body](#)  
A popular and accessible overview of Theology of the Body.
- [Archbishop J. Michael Miller, CSB, Telling Lies With Our Bodies](#)  
An overview of the theological role of the human body in God's plan for our salvation.

### Theology of the Body Institutes and Training Centers:

- [Theology of the Body Institute](#)
- [Ruah Woods](#)