

Theology of the Body: FAQ

1. What is TOB?

Theology of the Body is Saint John Paul II's teaching on the meaning and purpose of human nature. He explores how our God-given masculinity and femininity complement each other and help answer two fundamental questions: "Who am I?" and "How am I to live?" In exploring his teachings on the great themes of love, gender, gift, vocation, creation, redemption, purity, and covenant, those being catechized will come to understand the dignity of each human person and the proper relationship with God and others.

2. What is "Rooted"?

Rooted is the world's first K-12 Theology of the Body curriculum developed by Ruah Woods Press, a part of Ruah Woods, which is non-profit education and healing ministry based in the Archdiocese of Cincinnati dedicated to helping men and women live their vocation to love, according to God's plan, as informed by Theology of the Body.

3. Why are we teaching it in the Archdiocese?

The Archdiocese of Cincinnati is dedicated to helping men and women live their vocation to love, according to God's plan. In our modern culture, Theology of the Body is needed more now than ever to help each of our students understand who God has created them to be and how they are called to live. We see the benefits of teaching Theology of the Body in the culture of our schools and parishes, as young people begin to understand the meaning of love and being a gift.

4. When do I have to implement the *Rooted* curriculum?

Schools need to purchase the *Rooted* curriculum in time for the beginning of the 2019/2020 school year.

5. How much will this cost?

K-5: \$90 a class (literature books and teaching materials)

6-8: \$10 a student (consumable book for each student)

6. I already use a different text for TOB? Can't I just use that?

The *Rooted* curriculum is the only TOB comprehensive K-12 series on the market. The continuity of one program for student TOB formation is a wonderful opportunity for growth. If you have purchased other supplemental materials, you can use these in addition to *Rooted*, but you are still required to use *Rooted* in the classroom.

7. How does *Rooted* line up with my Graded Course of Study?

Ruah Woods, the author of *Rooted*, worked closely with the Archdiocese as the GCS was being written. As you will find, the curriculum lines up beautifully with the *Rooted* curriculum.

8. My religion text covers TOB. Isn't that enough?

No, it is not. Having this supplemental material is critical in teaching all of the TOB standards in the curriculum. Our religion texts do not completely cover these important standards.

9. How do I fit this in to my current curriculum? How much time will this take?

Theology of the Body is one of seven anchor standards in the religion Graded Course of Study. *Rooted* is supplemental material meant to be taught in addition to the other standards in the religion curriculum. In grades K-5, it is estimated to take an elementary religion teacher 2 full weeks to complete the TOB curriculum. For grades 6-8, it will take an estimated 3 weeks to complete if it's taught all at one time.

10. Are parishes required to purchase the *Rooted* curriculum?

No, at this time parishes are not required to purchase the curriculum. However, we encourage parishes to use *Rooted* to teach the TOB standards.

11. I'm not familiar with TOB. Will I receive any training?

Yes! We will be hosting 6 free one-day trainings in each of the regions of the Archdiocese. We encourage anyone who will be teaching TOB to attend. Stay tuned for these dates. They will be posted at www.ruahwoodspress.com/cincinnati/ Also, Ruah Woods has two 3-day trainings this summer. Go to <https://www.ruahwoodspress.com/training/theology-body-teachers-intro-workshop/> for more details and to register.

12. Can I receive Vocare credit for the training?

Yes. You will receive 2 Vocare credits for the one-day training and 5 credits for the three-day training. If you wish to use these credits for the 2019-2020 school year (including training taken in the next 3 months), please submit these for credit after July 1, 2019.