

# OUR EUCHARISTIC MISSION IN A POLARIZED WORLD

## *Depolarizing Within*

This workshop helps participants look within to see how they are engaging or in polarizing ways. "Polarization" does not refer to healthy disagreements over issues or philosophy. It is how we regard and talk in polarizing terms about large groups of ordinary people on the other side of the political aisle.

Monday, Sept. 9th

7:00-9:30pm

Bainbridge Hall, Dayton

### Goals

- Develop strategies for **engaging in political discussion** without demonizing the other side
- Constructively **intervene in social conversations** with likeminded peers
- **Recognize and lessen the effects of polarization** when encountered within political conversations with your like-minded circle

RSVP for both free workshops here!  
<https://tinyurl.com/bddshn5v>



## *Skills for*

## *Disagreeing Better*

This free workshop helps participants understand the values and concerns of those who differ from them politically, and it teaches essential skills for communicating across differences and finding common ground.

Monday, Sept. 23rd

7:00-9:00pm

St. Charles Borromeo, Kettering

### Goals

- More **understanding** of the values and concerns of people who differ from you politically
- Better skills for **listening** in a way the other person feels heard
- Better skills for **sharing viewpoints** in a way the other person might hear even if they disagree.

 **Braver Angels**  
[www.BraverAngels.org](http://www.BraverAngels.org)



— ARCHDIOCESE OF CINCINNATI —  
**CATHOLIC SOCIAL ACTION OFFICE**

[www.CatholicAOC.org/FaithfulCitizenship](http://www.CatholicAOC.org/FaithfulCitizenship)