

# *Time for a second choice:*

*Choose to accept God's love*

*And forgive yourself*



A while ago, I made the decision to have an abortion. It was, after all, my right to choose. But now, as I look back on it, I realize that something else besides my baby died inside of me that day. I made a private choice. But it became a secret burden.

If you feel this way, there's hope. Please call our **confidential helpline** to speak with people who will not condemn you for your decision. Take the first step toward healing by calling or texting:

**(513) 784-0531**

or email:

**hopeandhealingcinci@gmail.com**

## *Project Rachel*

**Project Rachel is a Post-Abortive Healing Ministry in the Catholic Church. All faiths are welcome.**

No matter what you're feeling, you are not alone.

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