**Selected Additional Resources for Addiction Problems: How to Find Help/Referrals**

If you do not already have effective addiction treatment facilities to recommend to those in your faith community, you may wish to contact the following state or nation­al resources for more information. In the case of a family member who is seeking help for a spouse or parent, encourage family members to participate in Al-Anon or Alateen while helping them to find a "family intervention specialist.”

**National Association of State Alcohol and Drug Abuse Directors**

Each state has a department of alcoholism/drug addiction prevention and treatment services, a governmental agency responsible for the alcohol- and addiction-related programs, resources, and initiatives offered throughout the state. States vary widely in the titles of these agencies and in their organizational affiliation within state govern­ment structures. In some instances, the alcohol and drug abuse agencies are com­bined with mental health services. To locate your state agency, look in your telephone directory under "State Government" listings or contact:  [www.nasadad.org](http://www.nasadad.org/)

**The National Association for Children of Addiction (NACoA)**

NACoA directs The Clergy Education and Training Project and works in partnership with major national faith organizations and federal agencies to provide tools for the effective education of clergy in all venues of service and levels of formation to facilitate their ability to address alcohol and drug problems that impact the people they serve. NACoA is a membership and affiliate organization and a clearinghouse for in­formation and support materials for children of alcoholics and for those in a position to assist them. NACoA has videos, booklets, and newsletters. For more information, contact: <https://nacoa.org/about-us/contact-us/>

**Alcoholics Anonymous (A.A.)**

A.A. is a voluntary fellowship open to anyone who wants to achieve and maintain sobriety and is an important adjunct  to many treatment programs. The fellowship s founded in 1935 by two individuals in an effort to help others who suffer from the disease of alcoholism. A.A. is the oldest of the organizations designed to help alcoholics help themselves. It is estimated that there are more than 2 million members in local A.A. groups worldwide. For further information, look under ''Alcohol­ Anonymous" in your telephone directory. The Alcoholics Anonymous General Service Office can help to locate a nearby affiliate. Contact: <https://www.aa.org/pages/en_US/communication-with-the-general-service-office-gso-of-aa-in-new-york-city>

**Al-Anon**

Al-Anon is an organization for spouses and other relatives and friends of alcoholics. Al-Anon groups help families cope with the problems that result from another's drinking, and they help foster understanding of the alcoholic through sharing experiences. Local groups are listed in your telephone directory under ''Al-Anon Family Groups.” Al-Anon Family Group Headquarters can assist you in finding a local affiliate. Contact:

<https://al-anon.org/contact-us/>

**Alateen**

Alateen, part of Al-Anon, is for young people whose lives have been affected by the alcoholism of a family member or a close friend. Members of Alateen fellowships help each other by sharing their experiences, hopes, and strength. Alateen is listed in some telephone directories, or information may be obtained by contacting local Al-Anon groups. If you are having trouble locating an Alateen affiliate near you, contact Al­Anon Family Group Headquarters at the previously listed address. Alateen also has a Web site at <https://al-anon.org/newcomers/teen-corner-alateen/>

**Co-Dependents Anonymous (CODA)**

Co-dependents Anonymous, a fellowship of men and women whose common purpose is to develop healthy relationships. <https://coda.org/contact-us/>

Choosing Hope Dayton <https://www.choosinghopedayton.org/>

**Substance Abuse and Mental Health Services Administration**

SAMHSA's National Helpline

1-800-662-HELP

<https://www.samhsa.gov/about-us/contact-us>

**Ohio Resources**

* Ohio Department of Mental Health & Addiction Services (OMHAS)  <https://mha.ohio.gov/>
* Ohio Association of County Behavioral Health Authorities (OACBHA) htt[ps://oacbha.org/](https://www.oacbha.org/)
* Start Talking Ohio <https://starttalking.ohio.gov/>
* The Governor's Cabinet Opiate Action Team <https://fightingopiateabuse.ohio.gov/>

**Catholic In Recovery**

We have moved to the Zoom format during this crisis to help others.

**General Recovery Meeting**  
**Day: Tuesday**  
**Time**: 8:00 PM ET/ 5:00 PM PT  
**Login Details** <https://zoom.us/j/91412342605>  
(669) 900-6833  Meeting ID: 914 1234 2605

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| **General Recovery Meeting** **Day: Wednesday** **Time**: 12:00 PM ET/ 9:00 AM PT  **Login Details**<https://zoom.us/j/91412342605>  (669) 900-6833  Meeting ID: 914 1234 2605  **Family & Friends Recovery Meeting  Day**:**Wednesday** **Time**: 7:00 PM ET/ 4:00 PM PT **Login Details**<https://zoom.us/j/97112822817> (669) 900-6833  Meeting ID: 971 1282 2 |

**General Recovery**   
**Thursday,** 8:00 PM ET/5:00 P  
(669) 900-6833  Meeting ID: 914 1234 2605

**Family & Friends Recovery**  
**Day: Friday** 3:00 PM ET/12:00 PM PT  
**Login Details** <https://zoom.us/j/97112822817>  
(669) 900-6833  Meeting ID: 971 1282 2817

**General Recovery**  
**Saturday,** 12:00 PM ET/9:00 AM PT  
**Login Details** <https://zoom.us/j/91412342605>  
(669) 900-6833  Meeting ID: 914 1234 2605

**Local and county Resources**

Parents with Addicted Loved Ones (PAL) weekly Christian support group meetings; refer to [www.palgroup.org](http://www.palgroup.org) for list of times and locations

Choosing Hope Dayton monthly meeting <https://www.choosinghopedayton.org/>  Adopt -a -Hero Prayer Partnership,  Pray for a First Responder who must deal with the  devastating effects of the substance use disorder crisis daily. [Contact:](https://www.choosinghopedayton.org/) [choosinghope@outlook.com](mailto:choosinghope@outlook.com)

**Love G.O.D. (Grandparents of Dayton )** Sponsors Love  Grandparents of Dayton, monthly support group with grand children in kinship care at S t. Francis of Assisi Parish  usually 4th Thursday from 6-8:30 pm (2020: March 26, April 23, May 28, none summer, August 27, Sept. 24,  Oct. 22, Nov 19, Dec. 17) Potluck - Grandparents bring dessert,  Support Meeting;  speaker every other month. Contact: Jean Egan 248.417.9568 (text OK)