



TOGETHER

Sunday: Day of the Lord

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Keep holy the Lord's Day!

The Lord's Day has always been accorded special attention in the history of the Church because of its close connection with the very core of the Christian mystery. It is Easter which returns week by week, celebrating Christ's victory over sin and death, the fulfilment in him of the first creation and the dawn of the new creation. – Pope St. John Paul II

Sunday is the day which recalls in grateful adoration the world's first day and looks forward in active hope to "the last day", when Christ will come in glory and all things will be made new. – Pope St. John Paul II

"On Sunday, our participation in the Eucharist has special importance. Sunday, like the Jewish Sabbath, is meant to be a day which heals our relationships with God, with ourselves, with others and with the world. Sunday is the day of the Resurrection, the 'first day' of the new creation, whose first fruits are the Lord's risen humanity, the pledge of the final transfiguration of all created reality." – Pope Francis

"Rest opens our eyes to the larger picture and gives us renewed sensitivity to the rights of others. And so the day of rest, centered on the Eucharist, sheds its light on the whole week, and motivates us to greater concern for nature and the poor." – Pope Francis

For the Christian, Sunday is above all an Easter celebration, wholly illumined by the glory of the Risen Christ. It is the festival of the 'new creation'. – Pope St. John Paul II

In the first place, therefore, Sunday is the day of rest because it is the day "blessed" by God and "made holy" by him, set apart from the other days to be, among all of them, 'the Lord's Day'. – Pope St. John Paul II

At Sunday Mass, Christians relive with particular intensity the experience of the Apostles on the evening of Easter when the Risen Lord appeared to them as they were gathered together. – Pope St. John Paul II

Sunday is not only the day of faith but is also the day of Christian hope. – Pope St. John Paul II

"Therefore, if we wish to rediscover the full meaning of Sunday, we must rediscover this aspect of the life of faith. Certainly, Christian joy must mark the whole of life, and not just one day of the week. But in virtue of its significance as the day of the Risen Lord, celebrating God's work of creation and "new creation", Sunday is the day of joy in a very special way, indeed the day most suitable for learning how to rejoice and to rediscover the true nature and deep roots of joy." – Pope St. John Paul II

"Since Sunday is the weekly Easter, recalling and making present the day upon which Christ rose from the dead, it is also the day which reveals the meaning of time. It has nothing in common with the cosmic cycles according to which natural religion and human culture tend to impose a structure on time, succumbing perhaps to the myth of eternal return. The Christian Sunday is wholly other!" – Pope St. John Paul II

Bulletin Articles

Sunday: The First of Days

From the days of the apostles, the Christian community has set Sunday apart from the other days. At first, it was the day of worship on which the first Christians gathered for the "breaking of the bread". Over time it also became the official day of rest in civic life. This yoking of worship and rest has shaped the rhythm of the week for much of Western civilization to this day.

Sunday Funday

In a 1998 apostolic letter to the Church, *Dies Domini* ("The Day of the Lord"), Pope St. John Paul II offers a few ways to understand how Christians should approach Sunday. "Sunday is the day of joy and the day of rest precisely because it is 'the Lord's Day', the day of the Risen Lord." (82). The popular cultural expression

"Sunday Funday" is only truly possible because our joy and rest (and truly our "fun") derive from our life in Jesus Christ.

Sunday: Day of the Lord

It was on the 7th day that God rested and so too should we. But this rest isn't simply for its own sake: God rested on the 7th day to reflect upon what had been created and to affirm its goodness. Sunday is our opportunity reflect upon our past week, our successes and failures at discipleship, and to bring our life to the altar of God at Mass.

Sunday: Day of Days

Sunday is the first and last day of the week, just as Christ is both alpha and omega, beginning and end. Jesus' resurrection on "the first day of the week" gives us all the reason we need to mark Sunday as holy. As the eighth day, Sunday also reminds us of the goal of eternal life...something to ponder in quiet moments on a restful Sunday

Sunday: Day of the Eucharist

While the celebration of Mass on Sunday is not different than on other days, because the entire Church comes together and because it is celebrated on the day of the Resurrection, the Sunday Eucharist is the center of life in the Christian community. Our parish gathers each and every Sunday to celebrate the Eucharist, to give thanks for all the gifts God has given to us!