

10 LITURGICAL PRINCIPLES: KEYS TO UNDERSTANDING THE *CONSTITUTION ON THE SACRED LITURGY* (*Sacrosanctum Concilium, Vatican II, 1963*)

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1. The **Paschal Mystery** (Christ's saving Death and Resurrection) is the central focus of every liturgy.
2. The principle of **sacramentality** supports all of Catholic life. (*Sacramentality* is the awareness that God uses physical things to communicate spiritual power and grace which shape our human life.)
3. **Reflection** on the thought and practice of the early Church is essential to reinvigorating the liturgy.
4. The principle of **noble simplicity** guides the arrangements and celebration of the liturgy.
5. The **Sacred Scripture** holds an esteemed place in the liturgy and shapes the words and actions of every celebration.
6. **Full, active, and conscious participation** is the right and duty of the assembly and enables the faithful to receive the riches of the liturgy.
7. By virtue of their Baptism, the laity are invited to participate in **ministerial roles** in the liturgy.
8. **Catechesis** about the liturgy is vital at all levels.
9. The Church continually promotes and guides the work of **musicians, artists, and architects** in service to the liturgy.
10. **The Liturgy of the Hours**, the "Prayer of the Church," sanctifies day and night and is recommended to everyone.