



**BEACONS** ROUNDTABLE

**January 17, 2023**

*Lent & Holy Week: Family Style!*  
*Vision*



Mary, Mother of the Church and our Mother,  
present our prayer of thanksgiving to your Son.  
Beg from Him the graces we need to be faithful disciples  
who follow Him with enthusiasm and joy.  
May our witness to the love of God bear fruit  
in our archdiocese, parishes, homes and hearts.  
Teach us to be God's joyful witnesses,  
to radiate Christ in all we do,  
so that all people might know, love and follow your Son  
through this life and into the next.  
Amen.



# Agenda

Prayer & Welcome

News on Beacons of Light

Self-Care: Stress

Lent & Holy Week: Family Style

Vision

Announcements





# VISIO DAY

**Thurs, March 2 ♦ University of Dayton Center for Leadership**

**Tues, March 7 ♦ Xavier University Cintas Center**

An opportunity for Family Leadership Teams to get started  
on creating and communicating vision in their Family of  
Parishes

## News

Platform access: now available for all! And searchable!

*Parish Vitality Report*

Annual Planning Report (due July 1)

Workshops

- Financial & Canonical Issues in Planning (PASTORS ONLY)
- HR Skills for Managers (Managers/Supervisors of other Parish Staff)

# Self Care

## Self-Care for Pastoral Ministers:

Why are we adding this topic to ongoing Beacons Roundtables?

- Seeing some common concerns and stressors
- We want to help by providing some coaching and resources
- Management training is also in development
- Let us know if this is helpful



# Quick Survey

## ***Possible Management/HR Training***

### **A: Fundamentals of Supervision**

#### **Half day In Person**

- Transitioning from peer to manager
- Managing ethically and lawfully
- Setting expectations and learning styles
- Five steps for effective coaching
- Delegating effectively
- The importance of documentation
- “Homework” assignment – using delegating, setting expectations and coaching

**1 Hour Virtual Follow Up One Month Later**

### **B: Managing Managers & Teams**

#### **Half day In Person**

- Building successful teams
- Communicating vision, values, & goals
- Delegation and setting priorities
- Coaching and developing managers
- Helping teams and individuals navigate change
- “Homework” assignment

**1 Hour Virtual Follow Up One Month Later**

***Poll: Would you be interested in A, B or Both?***

# Self Care

My qualifications to lead this discussion?



# Self Care

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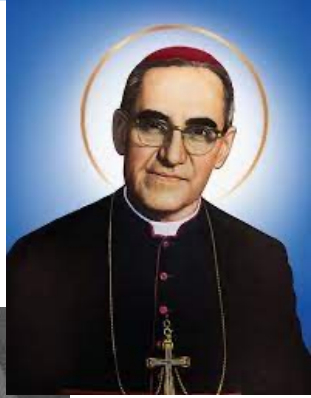


My portrait

## Self Care

### **Experiencing stress or anxiety is not a sin! Many saints were known for their anxiety.**

- St. Oscar Romero (1917-1980) and St. Thérèse of Lisieux (1873-1897) both struggled with scrupulosity and OCD
- St. Jane Frances de Chantal (1572-1641): lifelong depression initially triggered by the death of her husband.
- St. Albert Chmielowski (1845-1916) – nervous breakdown. St. Alphonsa Muttathupadathu (1910-1946) Trauma caused amnesia for a year (PTSD).
- Saint Francis of Assisi (1181-1226)



## Self Care

### Some simple tips

- Follow the example of Jesus (Mk 1: 29-39) – make time for quiet prayer

“Half an hour's meditation each day is essential, except when you are busy. Then a full hour is needed.”

- Saint Francis de Sales



*“Courage is fear that has said its prayers.”*

## Self Care

### There's an app for that

- [Hallow](#): Free/Paid – prayers, meditations for anxiety, sleep, podcasts, music
- [Amen](#): Free – prayers, sleep, meditations for anxiety, sleep, bible in a year, some music
- Caution: Non-Catholic apps



## Self Care

### **Its OK to Call for Help**

- Your manager<sup>3</sup>
- [Employee Assistance Program](#) for AOC employees
- Therapy – AOC [Catholic Mental Health Services List](#)

# Self Care

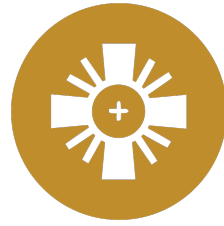
**"Be still, and know that I am God."**

**Ps 46:10**

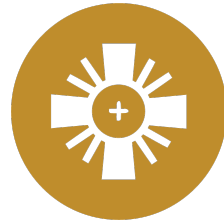
Stop talking  
Switch off your phone  
Stop commenting  
Listen  
Stop arguing  
Stop questioning  
Stop moaning

Stop doubting  
Be sure  
Have faith  
No second opinion

God is Almighty  
God is in control  
God is love  
God is King  
God is my hope, rock,  
fortress  
God is ever-present, a  
help in times of  
trouble.  
God is my Father  
God is my shepherd-  
He will lead me,  
nourish me, protect  
me & restore me.



# Lent & Holy Week: Family Style!

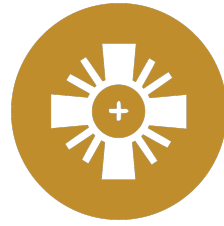


*But First...*

**Christmas 2022!**

**What did you do differently this year since a  
Family? What worked? What didn't?  
What are you already planning for 2023?**

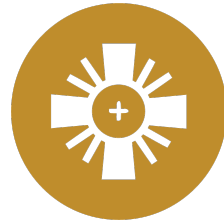




**Ash Weds**

**Individual Confession & Penance Services**

**RCIA**



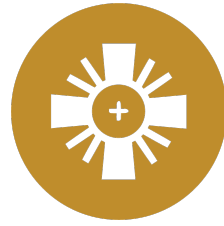
**Palm Sunday**

**Holy Thursday**

**Good Friday**

**Easter Vigil**

**Easter Sunday**



# Liturgical Music

**Christian Cosas (Kettering)**

**Paul Bresciani (Southeast)**



# PHASE 2: Vision

**Leadership & Vision**

**Vision Assessment Tool**

**Phase 2 Milestones**

**Visio Day**



**Vision**

# Vision

## Why Is Vision Important

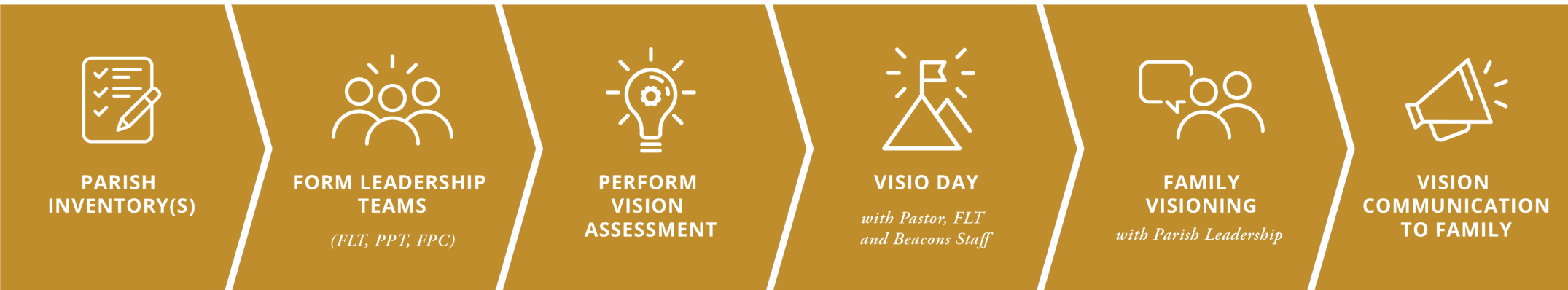
- Encapsulate clear **goal**
- Define **priorities** for parish resources, facilities, and funds
- Allows leadership to **delegate responsibility** to others who refer to vision for guidance

*Vision is the primary focus of Phase 2*

PRINCIPLE	PHASE 2 VISION
 <b>EUCHARIST</b>	Create a vision for a Eucharist-centered parish, form a Family Worship Commission and Family Worship Dept of staff.
 <b>CHURCH</b>	Increase Family prayer and discernment opportunities focused on a shared future.
 <b>LEADERSHIP</b>	Leaders discern and create the vision for the Family.
 <b>STEWARDSHIP</b>	Offer opportunities for stewardship formation for parish leaders and create a Family vision statement for stewardship.
 <b>EVANGELIZATION</b>	Form an Evangelization Team; establish personal and team prayer and formation commitments and practice healthy teamwork.
 <b>LOVE IN ACTION</b>	Solidify leadership for the Love in Action Parish Family Core Team and create a local vision.

# Vision

## Vision Process Overview



# Vision

## Visio Day

- Pastor and Family Leadership Team (FLT) with CPV
- Learn about Vision – importance, how to create
- Practical application and deep dive
- Homework to prepare for Family Visioning



PARISH  
INVENTORY(S)



FORM LEADERSHIP  
TEAMS

*(FLT, PPT, FPC)*



PERFORM  
VISION  
ASSESSMENT



VISIO DAY

*with Pastor, FLT  
and Beacons Staff*



FAMILY  
VISIONING  
*with Parish Leadership*



VISION  
COMMUNICATION  
TO FAMILY



# Vision

## Visio Day

- March 2 – University of Dayton
- March 7 – Xavier University
- Find out more and register at:  
<https://pathway.catholicaoc.org/events/visio-day>
- *If not ready, will be repeated in the Fall*



PARISH  
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# Vision

## Family Visioning

- Pastor, FLT, CPV, liaison, Pathways Team, Family Pastoral Council, Family Finance Council, Vicars, +
- Build on Vision created at Visio Day
- Subgroups work by principle
- Identify high level impacts and communication plan



PARISH  
INVENTORY(S)



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PERFORM  
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VISIO DAY

*with Pastor, FLT  
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FAMILY  
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VISION  
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# Beacons Roundtable 2023



**Tuesdays, 1:30p-3p**

*Video, Slides, and  
Other Resources  
Emailed Afterwards*

Feb 28: New Approaches to Evangelization & Discipleship & Parish Vitality Report

March 21: Leading from Your Strengths & Annual Planning Report

April 25: Synodality and Planning & Pastoral Councils

May 16: Leading Change, Proposing Vision, Bringing the Family Along for Phase 2

# Closing Prayer

Let nothing disturb you. Let nothing upset you.  
Everything changes. God alone is unchanging.  
With patience all things are possible.  
Whoever has God lacks nothing.  
God alone is enough.

- Saint Theresa of Avila

