

Lent Resources: Renewing the Lenten Journey

Are you looking for ways to renew Lenten focus and practice? Below are some resources you may find helpful!

[What is Lent? | USCCB](#)

[A Complete Guide to Catholic Lent 2024 | Dynamic Catholic](#) (Sign Up for Best Lent Ever!)

[A Quick Guide to Ash Wednesday | Dynamic Catholic](#)

[Why Ashes? | USCCB](#)

[How to Live Lent This Year \(youtube.com\)](#)

[All About Lent & Holy Week – St. Paul Center](#)- great book

[Examination-of-Conscience | USCCB](#)

[Lent Bulletin Board Ideas - Search Images \(bing.com\)](#) (check out these bulletin boards!)

[Lent 2024: The Complete Guide to the Catholic Season of Lent – Hallow](#)

[40 Faith-Building Lenten Activities - Catholic Sprouts](#) (Elementary)

[Lenten Activities for Children \(catholicicing.com\)](#) (Elementary)

[Teaching About and Celebrating Lent With Catholic Kids \(sadlier.com\)](#)

[Lent Project and Lesson Plan Ideas \(thereligionteacher.com\)](#)

[Lenten Journey Retractable Banner for Churches | Catholic Imprint](#)

Stations of the Cross-How To Pray the Stations of the Cross | Dynamic Catholic

Consider Stations of the Cross weekly in each grade.

- Stations for students 10 and under- [Childrens-Stations-of-the-Cross-for-Coloring.pdf](#)
- Stations for teen students- [The Stations of the Cross for Teens Life Teen version.pdf](#)