



**May 2026**

### **Opening Prayer**

Let us pray. Grant, we pray, almighty God, that your Church may always remain that holy people, formed as one by the unity of the Father, Son, and Holy Spirit, which manifest to the world the Sacrament of your holiness and unity and leads it to the perfection of your charity. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

### **Reading from Sacred Scripture**

#### **Pause for a moment of silent reflection**

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters:

The cup of blessing that we bless,  
is it not a participation in the blood of Christ?  
The bread that we break,  
is it not a participation in the body of Christ?  
Because the loaf of bread is one,  
we, though many, are one body,  
for we all partake of the one loaf.

**[1 Corinthians 10:16-17](#)** (The Solemnity of the Most Holy Body and Blood of Christ)

### **Intercessions**

For what or for whom should we pray?

**Close with the Lord's Prayer or Glory Be**