

Questions for Reflection and Sharing

What connections or new insights did you gain from the readings?

How do you currently experience the teaching shared by Paul that “we, though many, are one body”?

How do you, as a leader, embody a sense of shared responsibility with other leaders and members of our Family of Parishes?

Intercessions

For what or for whom should we pray?

Lord’s Prayer

Closing Prayer

Mary, Mother of the Church and our Mother,
Present our prayer of thanksgiving to your Son.
Beg from Him the graces we need to be faithful disciples who follow Him with enthusiasm and joy,
May our witness to the love of God bear fruit in our archdiocese, parishes, homes and hearts.
Teach us to be God’s joyful witnesses, to radiate Christ in all we do, so that all people might know, love and follow your Son through this life and into the next.
Amen.



June 2026

Opening Prayer

Let us pray, (Pause for silent prayer)
that all people might know, love, and follow your Son
through this life and into the next. Amen.

Grant, we pray, almighty God,
that your Church may always remain
that holy people, formed as one
by the unity of Father, Son, and Holy Spirit,
which manifest to the world
the Sacrament of your holiness and unity
and leads it to the perfection of your charity.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, forever and ever. Amen.

Reading from Sacred Scripture

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters:

The cup of blessing that we bless,
is it not a participation in the blood of Christ?
The bread that we break,
is it not a participation in the body of Christ?
Because the loaf of bread is one,
we, though many, are one body,
for we all partake of the one loaf.

1 Corinthians 10:16-17 (The Solemnity of the Most Holy Body and Blood of Christ)

Excerpt from the International Theological Commission's *Synodality in the Life and Mission of the Church*

22. The way the Council of Jerusalem was handled is a real-life demonstration of the fact that the way the People of God moves forward is something orderly and well thought out, where each person has a specific position and role (*cf. 1 Corinthians 12,12-17; Romans 12,4-5; Ephesians 4,4*).

The apostle Paul, in the light of the eucharistic synaxis, evokes the image of the Church as the Body of Christ, in order to explain both the unity of the organism and the diversity of its members. Just as in the human body all the members are necessary in their specific way, in the same way in the Church all have the same dignity by virtue of Baptism (*cf. Galatians 3,28; 1 Corinthians 12,13*) and all must all make their contribution to carry out the plan of salvation "according to the measure of Christ's gift" (*Ephesians 4,7*).

So all are equally responsible for the life and mission of the community and all are called to work in accordance with the law of mutual solidarity in respect of their specific ministries and charisms, inasmuch as every one of them finds his or her energy in the one Lord (*cf. 1 Corinthians 15,45*).