

Questions for Reflection and Sharing

What connections or new insights did you gain from the readings?

What small acts of kindness or charity have you done recently that shared hope with another?

What words or phrases spoke to you most powerfully in light of the call to form our Family of Parishes as a community of missionary disciples?

Intercessions

For what or for whom should we pray?

Lord's Prayer

Closing Prayer

Mary, Mother of the Church and our Mother,
Present our prayer of thanksgiving to your Son.
Beg from Him the graces we need to be faithful disciples
who follow Him with enthusiasm and joy.
May our witness to the love of God bear fruit
in our archdiocese, parishes, homes and hearts.
Teach us to be God's joyful witnesses,
to radiate Christ in all we do,
so that all people might know, love and follow your Son
through this life and into the next. Amen.



Opening Prayer

Let us pray.

(Pause for silent prayer)

Grant, we pray, almighty God,
that your Church may always remain that holy people,
formed as one by the unity of Father, Son, and Holy Spirit,
which manifest to the world
the Sacrament of your holiness and unity
and leads it to the perfection of your charity.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, forever and ever. Amen.

Reading from Sacred Scripture

A reading from the Holy Gospel according to St. Luke

But rather, love your enemies and do good to them,
and lend expecting nothing back;
then your reward will be great
and you will be children of the Most High,
for he himself is kind to the ungrateful and the wicked.
Be merciful, just as your Father is merciful.

“Stop judging and you will not be judged.
Stop condemning and you will not be condemned.
Forgive and you will be forgiven.
Give, and gifts will be given to you;
a good measure, packed together, shaken down, and
overflowing,
will be poured into your lap.
For the measure with which you measure
will in return be measured out to you.”
(Luke 6:35-28) Seventh Sunday in Ordinary Time)

From *Spes non confundit* (Bull of Indiction of the Ordinary Jubilee Year 2025)

Hope, together with faith and charity, makes up the triptych of the “theological virtues” that express the heart of the Christian life (cf. *1 Cor* 13:13; *1 Thess* 1:3). In their inseparable unity, hope is the virtue that, so to speak, gives inward direction and purpose to the life of believers. For this reason, the Apostle Paul encourages us to “rejoice in hope, be patient in suffering, and persevere in prayer” (*Rom* 12:12). Surely we need to “abound in hope” (cf. *Rom* 15:13), so that we may bear credible and attractive witness to the faith and love that dwell in our hearts; that our faith may be joyful and our charity enthusiastic; and that each of us may be able to offer a smile, a small gesture of friendship, a kind look, a ready ear, a good deed, in the knowledge that, in the Spirit of Jesus, these can become, for those who receive them, rich seeds of hope. (#18)