

Community Resources to Help You with Your Pregnancy:

All of the following pregnancy centers and agencies offer pregnancy testing and confidential services. They will be happy to refer expectant mothers to other necessary resources such as housing, medical care, and other needs. This list is intended to provide places for mothers to turn to first.

Family & Youth Initiatives Parenting Network (FYI)

Three locations
www.fyiohio.org
www.fyiohio.org/parenting-network

(Fairborn Network)
 954 N. Maple Avenue
 Fairborn, OH 45324
 937.879.3313
 *Building located behind Parish Center of Mary Help of Christians

(Springfield Network)
 1027 W. High Street
 Springfield, Ohio 45506
 937.322.3514

(New Carlisle Network)
 468 N. Dayton-Lakeview Road
 New Carlisle, OH 45344
 937.845.0900

Miami Valley Women's Center

Four locations
www.womenscenter.org
mwvc@womenscenter.org

(North Dayton)
 4247 Philadelphia Drive
 Dayton, OH 45405
 937.262.7414

(Kettering)
 2345 W. Stroop Road
 Dayton, OH 45439-2005
 937.298.2822

(Xenia)
 245 S Allison Avenue
 Xenia, OH 45385
 937.374.0001

(Huber Heights)
 Grove Park Offices
 7079-A Taylorsville Road Huber Heights, OH 45424
 937.236.2273

- Pregnancy testing
- Adoption & abortion alternative information
- One on One mentoring for moms and dads
- "Earn While You Learn" education program from pregnancy through children age 5
- Material Assistance: cribs, car seats, clothing, diapers and other baby items
- Referrals for community resources
- Spanish resources available

New Life Clinic
 100 S. South Street
 Wilmington, OH 45177
 937.382.2424
www.newlifesupport.org

Pregnancy Resource Clinic of Clark County
 1010 S. Limestone St.
 Springfield, OH 45505
 937.525.3780
www.yourpregnancyresource.org

Rocking Horse Community Health
 Parent Infant Center
 651 South Limestone St.
 Springfield, Ohio, 45505
 937.322.4939
www.rockinghorsecenter.org
www.rockinghorsecenter.org/patient-resources/parent-infant-center/

- Peer counseling, pregnancy testing room
- Baby boutique
- Maternity Boutique
- Parenting classes
- Resource center
- Post-abortion support

- Free pregnancy testing with immediate results and confidential decision guidance
- Limited OB ultrasounds to confirm pregnancy
- Prenatal vitamins
- Referrals for medical and other community resources.
- Adoption Referrals
- Programs for Dads
- Earn While You Learn parenting classes to help purchase baby furniture, diapers, formula and other products that your child needs
- Post abortion recovery assistance and miscarriage support.

- Parenting classes for expecting mothers & for parents of infant and toddlers
- By attending parenting classes, you receive visa points for our baby boutique that has brand new items
- Formula and diapers once a month as well as clothing for the entire family (sizes ranging from newborn to adult)
- The Cinderella Project provides gently used dance and party wear for high school students

Sycamore House Pregnancy Center of Champaign County
 315 Sycamore Street
 Urbana, Ohio 43078
 937.653.3737
www.sycamorehouseprc.org
sycamorehouseprc@gmail.com

Women's Centers of Ohio Seven locations
www.womenscenterohio.com
 24 hr. help line: 1.888.755.5918

(Dayton)
 359 Forest Avenue, Ste. 105
 Dayton, OH 45405
 937.228.2222

(East Dayton)
 4787 Burkhardt Avenue,
 Ste. 201 Dayton, OH 45403
 937.610.7777

(Kettering)
 1377 E. Stroop Road, Suite 301
 Kettering, OH 45429
 937.643.4673

(North Dixie)
 5250A N. Dixie Drive
 Dayton, OH 45414
 937.938.5667

(Lebanon)
 736 Columbus Avenue, Ste. A
 Lebanon, OH 45036
 513.934.1777

(Forest Park)
 1230 W. Kemper Road
 Cincinnati, OH 45240
 513.620.8844

(Sidney)
 2579 Michigan Street
 Sidney, OH 45365
 937.498.4425

- Free pregnancy testing and confidential information
- Earn While You Learn Parenting Classes and material assistance
- Common Ground baby boutique and maternity shop
- Men's services, Male to Male Peer Counseling
- Post-abortion recovery
- Abortion Alternatives and Adop-tion Information

- 24-Hour help line
- Abortion alternatives
- Confidential consulting for pregnancy decisions
- Free pregnancy test and verification of pregnancy
- Medical services including limited OB ultrasound
- Life skills classes, mentoring and material assistance programs for moms and dads
- Mother and Child Boutiques
- Post-abortion recovery

YOU ARE NOT ALONE

Important Information for Mothers with Unexpected Pregnancies



Miami Valley Area

Welcome to

YOU ARE NOT ALONE

Pregnancy may be the most exciting and possibly terrifying time of a woman's life. We want you to know we care about you and your welfare. This brochure is aimed at informing you of the resources available to help you through this time. Many services are free of charge. Please review this brochure to determine what is available in an area near you and how to contact a resource that you deem appropriate. We are sincere when we say that we have your best interests at heart and you can have confidence that anyone you contact from these organizations will understand your situation and will keep your information private.

Many centers listed in this brochure belong to the Greater Cincinnati/Miami Valley Pregnancy Center Coalition. These pregnancy centers are committed to a code of ethics that support life from conception to natural death and offer free testing and/or counseling to those with physical, emotional, educational, financial, and legal needs due to pregnancy. Pregnancy centers offer information that clients need in order to make informed decisions about their particular situation. All information from these centers is free (unless otherwise noted) and confidential. In order to be connected directly to a pregnancy center nearest to you, call 1-800-712-HELP (4357).

FREQUENTLY ASKED QUESTIONS...

Q: Where can I go for a pregnancy test?

A: All of the pregnancy centers offer pregnancy testing. Several centers provide non-diagnostic ultrasounds to determine viability and/or gestational age. A list of these services is provided in this brochure.

Q: Do I need an approved test to get a Medical Card for my pregnancy?

A: Yes. Only an approved test will allow you to apply for a medical card. Call one of the centers in this brochure.

Q: Where can I get some material assistance, for clothes, food, diapers and furniture for example?

A: There are many resources for items you may need in a center near you. Call to see if they have what you need or can refer you for assistance.

Q: I'm not ready and am really afraid of the responsibility of having a baby. What can I do?

A: Parenting is a responsibility, and all pregnant women and men require support. Refer to the center nearest you for information about the services they provide.

Q: Having a baby is not what I really wanted to do with the rest of my life. Am I not entitled to be free of this responsibility?

A: That's a difficult question to answer. You should take time to seriously think about your answer, and you should consider that other people are involved, including the father of your child. Please get help with this question through the resources mentioned in this brochure.

Q: I am not in a good relationship with the baby's father and fear bringing up a child as a single parent. What can I do?

A: There are many people who have been in your situation. Many of the centers in this brochure offer parenting and life skill classes, as well as peer counseling, or can answer your questions about adoption.

Q: I really have all the children I want and this one is really unexpected and unwanted. What can I do?

A: From already having children you know what to expect and it isn't easy to have another child when you didn't want one. Talk to someone about alternatives before ending that life within you by getting counsel from one of the resources in this brochure. You will gain insight, information, and needed support that will empower you in your decision-making process.

Q: I have already had one or more pregnancy terminations, what can I do now?

A: There are women (and men) who have terminated their pregnancy and now have second thoughts. Some centers offer post-abortive healing. Additional organizations offering healing after abortion are referenced in this brochure under Additional Resources.

Additional Resources:

Dayton Right to Life 425
N. Findlay St.
Dayton, OH 45404
937.461.3625
www.daytonlife.org

- Stork's Nest baby pantry
- Resource library with educational books and videos on the effects of abortion and abortion alternatives.

Catholic Social Services

www.cssmv.org
cssmv@cssmv.org
Eckerle Admin Center
922 West Riverview Ave
Dayton, OH 45402
937.223.7217

Center for Families
1046 Brown Street
Dayton, OH 45409
937.223.7217

Northern Counties Center
100 S. Main Ave, Ste. 101
Sidney, OH 45365
937.498.4593

Life Essentials Office
40 S. Perry Street, Ste. 130
Dayton, OH 45402
937.586.0545

Project Rachel
513.784.0531
1.888.456.HOPE (4673)

Catholic post-abortion healing ministry for women, men and families. Open to people of all faith backgrounds.

A PRAYER FOR THE GIFT OF LIFE

LOVING God we raise you up
for those in our Centers who serve
women whose unplanned
pregnancy challenges them,
and the choices they must make
involving the gift of your creation.
Be present to us always;
help us to imitate you in all we do
especially as we are present to these
women who are so vulnerable.
Awaken in every heart,
reverence for the work of your hands,
and renew in us a readiness to nurture
and sustain your precious gift of life.
We seek your blessings that we may
be better prepared to serve you,
and to share in and strengthen the
network in which the beauty and
splendor of your creation lives.

Amen.

Adapted from "A Prayer for Life" by the
U.S. Conference of Catholic Bishops.

YOU ARE NOT ALONE

Office for Respect Life
Ministries
Cincinnati
513.263.6671
Dayton
937.281.4127

Office for Catholic
Social Action
Cincinnati
513.263.6691
Dayton
937.281.4124
Sidney
937.538.4406

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