

# Movie Nights & Discussion

**Movie nights** are a great way to use media to prompt discussions with young people. Below you will find several movie suggestions that deal with the issue of the sanctity of human life. If you choose to show one of these films, please be certain that you obtain the proper license to show the film to a group and permission from parents/guardians when necessary.

**Unplanned** (R): Unplanned is the inspiring true story of one woman's journey of transformation. All Abby Johnson ever wanted to do was help women. As one of the youngest Planned Parenthood clinic directors in the nation, she was involved in upwards of 22,000 abortions and counseled countless women about their reproductive choices... Until the day she saw something that changed everything, leading Abby Johnson to join her former enemies at 40 Days For Life, and become one of the most ardent pro-life speakers in America.

**Primary Life Issue Addressed:** Abortion

**Movie Trailer:** <https://youtu.be/gBLWpKbC3ww>

**See Website** for the Discussion Question Guide.

**Bella** (PG-13): Sooner or later every one of us will face an irreversible moment that will change our lives forever. If it hasn't happened to you yet...it will. BELLA is a true love story about how one day in New York City changed three people forever.

**Primary Life Issue Addressed:** Abortion

**Movie Trailer:** <https://youtu.be/ZjbiRBCsC7U>

**See Website** for the Discussion Question Guide.

**October Baby** (PG-13): As the curtain rises, Hannah hesitantly steps onto the stage for her theatrical debut in college. Yet before she can utter her first lines, Hannah—unscripted—collapses in front of the stunned audience. After countless medical tests, all signs point to one underlying factor: Hannah's difficult birth. This revelation is nothing compared to what she then learns from her parents: she was actually adopted ... after a failed abortion attempt.

**Primary Life Issue Addressed:** Abortion, Adoption

**Movie Trailer:** [https://youtu.be/l\\_9l7IEe-AA](https://youtu.be/l_9l7IEe-AA)

**See Website** for the Discussion Question Guide.

**Instant Family** (PG-13): When Pete (Mark Wahlberg) and Ellie (Rose Byrne) decide to start a family, they stumble into the world of foster care adoption. They hope to take in one small child but when they meet three siblings, including a rebellious 15 year old girl (Isabela Moner), they find themselves speeding from zero to three kids overnight. Now, Pete and Ellie must hilariously try to learn the ropes of instant parenthood in the hopes of becoming a family. INSTANT FAMILY is inspired by the real events from the life of writer/director Sean Anders and also stars Octavia Spencer, Tig Notaro and Margo Martindale.

**Primary Life Issue Addressed:** Adoption, Foster Care

**Movie Trailer:** <https://youtu.be/vUgCSuEWhnc>

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**[Gimme Shelter](#)** (PG-13): A pregnant teenager flees life with her drug-addicted mother and ends up living on the street before being welcomed into her first real home in Gimme Shelter, an extraordinary tale of survival and redemption inspired by actual events.

**Primary Life Issue Addressed:** Abortion, Abuse, Substance Abuse

**Movie Trailer:** [https://youtu.be/tjyi\\_dMhyls](https://youtu.be/tjyi_dMhyls)

**See Website** for the Discussion Question Guide.

**[To Save a Life](#)** (PG-13): Jake Taylor has it all: friends, fame, a basketball scholar and the hottest girl in school. What could be better? Enter Roger Dawson. Roger has nothing. No friends. No hope. Nothing but put downs and getting pushed aside. Things couldn't get worse...could they? Jake and Roger were best friends when they were kids. But the politics of high school quickly pulled them apart. Now Roger doesn't fit in Jake's - or anyone's circle - and he's had enough. He walks onto campus with a gun in his pocket and pain in his heart and makes a tragic move. Jake's last-ditch effort can't stop Roger, and the sudden tragedy rocks Jake's world. Something breaks loose inside and sends him questioning everything. Most of all, he can't shake the question Could I have saved Roger? In a quest for answers, Jake finds himself looking for the next Roger and reaching out to the outcasts and lonely. But he quickly finds that crossing class castes threatens all his world is built on. And it could cost him his own friends, his girl, his dreams and even his reputation. Is it worth the price to find the answer to his ultimate question: What do I want my life to be about?

**Primary Life Issue Addressed:** Teen Pregnancy, Suicide, Substance Abuse, Peer Pressure

**Movie Trailer:** <https://tosavealifemovie.com/watch-the-trailer/>

**See Website** for the Discussion Question Guide.

## Prayer Services

Here you will find some guides and resources provided by the USCCB for prayer and liturgies.

Consider making these parish-wide or inviting parents/families to attend with their youth. Mass for Giving Thanks to God for the Gift of Human Life Day of Prayer for the Legal Protection of Unborn

Children Pro-Life Prayers (including): Blessings for pro-life pilgrims, parents, and children in the womb Holy Hours for Life Litany for life Novena to St. Joseph on adoption, and to American Saints for Life Rosaries for Life and Pro-Life Rosary Prayer

Intentions Candlelight and/or Eucharistic Procession Holy Hour Suggestion for a Holy Hour 7:00 Entrance Hymn for Exposition 7:05 Optional prayer or words from Father/Deacon 7:10 Worship 7:20 Silence 7:25 Rosary for Life 7:45 Silence 7:50 Tantum Ergo > Benediction > Divine Praises 7:55 Holy God - Repose the Blessed Sacrament 8:00 Close/Dismissal