



Jeff's Aging Checklist

Age Well. Leave Well. Plan Ahead. Save Your Family



Contact Jeff Meyrose
513-927-6972
jmeyrose@gateofheaven.org



Pre-Plan and Pre-Fund...

- **Cemetery (contact Jeff)**
- **Funeral/Cremation**
- **Church (if possible)**

Connect with an advisor at each location to learn more and better understand what options are available (there are more than most think!) KEEP A FILE, with all of this information, in a safe place.

Other Helpful To-Do's...

- **Complete an "Appointment of Representative" Form** *at funeral home*
Name trusted person(s) to see-out funeral wishes
- **Purge & de-clutter home. Downsize.**
- **Make any & all decisions possible**



Connect with...

Be sure your finances, estate, medical, care, and legal affairs are in order; for both your living years and after you're gone

- **Financial Advisor**
- **Estate Attorney**
- **Medicare & Medicaid Advisor(s)**
- **Senior Living Advisor**
- **Update Beneficiaries on accounts**
- **LIST OF ACCOUNTS**

Keep an **updated** list of usernames, passwords, pins, contacts, etc.

Banks, credit cards, insurance, investments, utilities, memberships/subscriptions, social media, shopping, etc.

AFTER you have everything above in order - with plans made and funded - share/present this amazing GIFT to your children.

When death occurs...

As soon as possible...

- If death occurs at home, with no medical or Hospice intervention, call police
 - Secure pets, property & valuables
- Contact funeral home (where prearrangements were made)
- Notify family and close friends

Within a day or two...

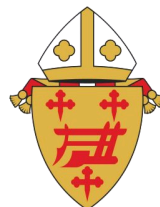
- Meet with funeral director
- Meet with cemetery & church
- Notify employer, other family members, executor/trustee, attorney, financial advisor, and other important affiliations/organizations
- **TAKE CARE OF YOURSELF**
 - Eat, sleep, socialize, stay active, seek and/or accept help

Days/Weeks Following...

- Cancel unnecessary services, subscriptions, memberships, etc.
- Contact banks, SS, insurance, utilities, BMV, etc.
 - File claims and close accounts.
 - Pay debts
 - If not already done so, pre-plan and pre-fund your own funeral/cremation and cemetery arrangements



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Honoring Life on Sacred Ground

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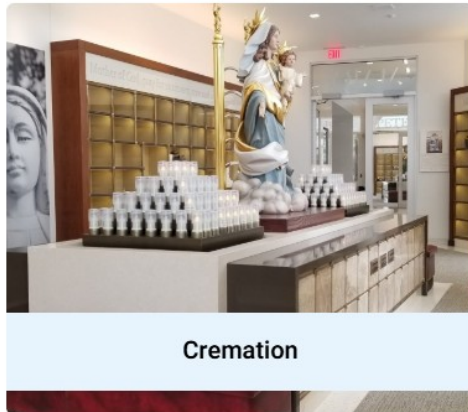
Traditional Burial



Mausoleums



Lawn Crypts



Cremation



Memorialization

Did you Know (GoH specific)...

- 10% DISCOUNT TO AOC EMPLOYEES
- Traditional graves may be shared as long as one placement is cremation*
- Above-ground and In-ground options available for both caskets and cremations.
- Different sections, property options, and offerings cost different amounts. It's best to meet with an advisor to discuss the best option(s) for you.
- Veteran, clergy and AoC discounts. Free infant burials.
- Founded in 1948. Roughly 50K interments. 80+ acres undeveloped. The only cemetery operated by AOC in greater Cincinnati area.

Did you know (general)...

- Preplanning alleviates the burden and stress on loved ones, saves families, locks in today's prices, and more!
 - *Wills, trusts, and life insurance are great, but they are not the right vehicles for cemetery and funeral planning*
- Traditional, whole-body burial is still the preference of the Catholic church, but cremation was accepted in 1963
- Cremated remains CAN be buried in the ground
- **The only way to guarantee property adjacent to loved ones is to purchase at the same time**
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